



# List 1

sport	any athletic activity that uses physical skills, often competitive
do sports	
sports equipment	things that you need in order to be able to do a certain kind of sports
sportsman	a man who does sports
sportswoman	a woman who does sports
hike	to walk along a hiking trail, especially a long walk through nature, usually without overnight camping gear
go for a hike	
rock climbing	the sport of scaling rock faces, either with or without ropes and other equipment
aerobics	a form of exercise, designed to enhance one's cardiovascular fitness, normally performed to music
jogging	the practice of running at the pace of a slow run for exercise
swim	to move through water, without touching the bottom
sail	to ride in a boat, especially a sailboat, through the water
row	to propel (a boat or other craft) over water using oars
ski	to move on skis over snow
skiing	the sport of moving on skis over snow
snowboarding	the sport of sliding downhill on a snowboard



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baseball	a sport in which the object is to strike a ball so that one of a nine-person team can run counter-clockwise among four bases, resulting in the scoring of a run
basketball	a sport in which two opposing teams of five players strive to put a ball through a hoop
volleyball	a game played on a rectangular court between two teams of two to six players which involves striking a ball back and forth over a net
cricket	a game played outdoors with bats and a ball between two teams of eleven, popular in England and many Commonwealth countries
rugby	a sport where players can hold or kick an oval ball; the ball cannot be handled forward and points are scored by touching the ball to the ground in the area past their opponent's territory or kicking the ball between goalposts and over a crossbar
football	(British) a game in which two teams of eleven players each contend to get a round ball into the other team's goal primarily by kicking the ball
gymnastics	a sport involving the performance of sequences of movements requiring physical strength, flexibility, and kinesthetic awareness
badminton	a racquet sport played indoors on a court by two opposing players (singles) or two opposing pairs of players (doubles), in which a shuttlecock is volleyed over a net

